

AUGUST 2025



FOREST FLASHES

SEVEN PINES



**FROM THE POOL
BACK TO SCHOOL**

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WHAT'S COOKING IN 7 PINES

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PO Box 1461

Maryland Heights, MO 63043

**Meetings held quarterly on first Thursday
Feb., May, Aug., and Nov.**

SPIA PRESIDENT

EMILY BOLES SALLADE 636-448-5733

SPIAPRESIDENT@GMAIL.COM

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Business Card	1 month	\$ 10
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For more information, call
Carol Cullinane at 434-0142

Interested In Becoming A Trustee?
Contact any of the Trustees by phone or
e-mail for additional information and
location of the next meeting.

Questions regarding subdivision
concerns? Contact trustees at:
trustees@7-pines.com

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**SEVEN PINES SUBDIVISION
WEBSITE: www.7-pines.com**

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for all Seven Pines residents. Please
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AUG 4 (MON) SPIA MEETING 7 PM AT THE POOL
 AUG 7 (THURS) TRUSTEE'S MEETING 7 PM AT THE POOL
 AUG 18 (MON)..... PARKWAY SCHOOL DIST. FIRST DAY OF SCHOOL
 AUG 20 (WED) DEADLINE FOR SEPTEMBER *FOREST FLASHES*



Coming in September

SEPT 1 (MON)LABOR DAY
 SEPT 3 (WED)GARDEN CLUB MEETING – TOUR OF ReLEAF
 SEPT 6 (SAT)NATIONAL READ A BOOK DAY
 SEPT 22 (MON) FIRST DAY OF AUTUMN



SUMMER POOL HOURS

August 16, 23, and 30 Saturdays
Noon – 9 pm

August 17, 24, 31 Sundays
 and Monday, September 1

Noon – 8 pm

August 18-22 and August 25-29
CLOSED

**NOTICE
NEW HOURS**

FOR MORE INFORMATION VISIT www.7-pines.com
 FACEBOOK PAGES
 Seven Pines Social Club
 Seven Pines Neighborhood Watch
 Seven Pines Subdivision

Alan's Handy/Tech-Man Services

*** PUNCTUAL *** (Seven Pines Resident for 33 Years) *** QUICK RESPONSE ***

- Ceiling Fan & Light Fixture Installs
- Dimmer, Switch & Outlet Upgrades
- Repair Toilets & Leaky Faucets
- Replace Kitchen Garbage Disposal
- Window Shade & Blinds Installs
- Update Dusk to Dawn Lights
- Computer/Laptop Services
 - Bring Old PCs Back to Life
 - Hard Drive Replacement
 - Add Memory
 - Home Networking
 - Printer Sharing
 - Improve Wi-Fi Performance



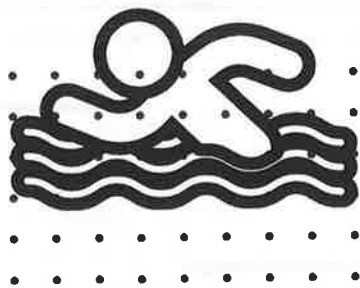
- Install & Setup Wireless Devices
 - Ring Video Doorbells
 - "Smart" Thermostats & Locks
 - Security Cameras
- Bathroom Grab Bar Installation
- Assemble IKEA-Type Furniture
- Patch Damaged Drywall
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CONGRATS TO THE SEVEN PINES SWIM & DIVE TEAMS

After a hard-fought first half of the season, the Seven Pines Swim Team finished the season with 2 victories against the Elks Club and the JCC, entering their League Conference in 4th place standing. Conference was held at the Pattonville High School Aquatics Complex on July 13th, where the team rose to the challenge to an impressive finish. They placed 2nd overall in the League Conference, out of eight teams, with many highlights to celebrate, including several Conference champs!

Conference Champions

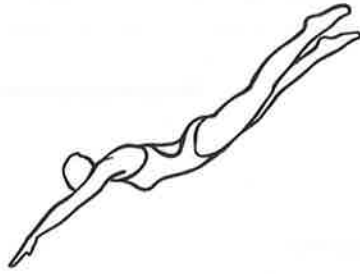
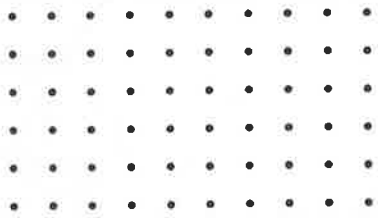
Cullen Hilgert; 9-10 Boys 25 yard Freestyle
 Will Bryant; 15-18 Boys 50 yard Freestyle
 Trenton Hill; 9-10 Boys 25 yard Breaststroke
 Tanner Huelsmann; 15-18 Boys 50 yard Breaststroke
 Cullen Hilgert; 9-10 Boys 25 yard Backstroke
 Cullen Hilgert; 9-10 Boys 25 yard Butterfly

Relay Champions

Trenton Hill, Reed Kilper, Nolan Valli, Cullen Hilgert; 9-10 Boys 100 yard Freestyle Relay
 Will Bryant, Zeidan Reza, Tanner Huelsmann, Chase Bryant; 15-18 Boys 200 yard Freestyle Relay
 Cullen Hilgert, Nadil Hadzic, Trenton Hill, Reed Kilper; 9-10 Boys 100 yard Medley Relay
 Tanner Huelsmann, Aidan Workman, Chase Bryant, Will Bryant; 15-18 Boys 200 yard Medley Relay

Season high point winners were River Yowell; 6 and under Girls, Lucas Blickhan; 6 and under Boys, Vivienne Blickhan; 7-8 Girls, Elon Reynolds; 7-8 Boys, Nora Todd; 9-10 Girls, Cullen Hilgert; 9-10 Boys, Alice Schildroth; 11-12 Girls, Cole Kilper; 11-12 Boys, Anna Peter; 13-14 Girls, Lannon Hilgert; 13-14 Boys, Adrienne Hilgert; 15-18 Girls and Aidan Workman; 15-18 Boys

**Overall season high point winners
 Anna Peter & Cullen Hilgert**



The small but driven dive team also had a resilient season! With several brand-new divers and a victory over Pacific, the team continued to make great progress!

Dive Conference was held on July 13th at the Cool Dell Swim & Tennis Club. With a rain delay, they finished the Conference on July 15th with impressive results, including 3 high score records broken! Congrats to Austin Hill; 13-14 Boys, Ellen Widjaja; 13-14 Girls and Kara Niemeyer; 15-18 Girls for setting new records!

Season high point winners were Aubree Eckelkamp; 8 and under Girls, Olivia Hood; 9-10 Girls, Trenton Hill; 9-10 Boys, Ella Sloan; 11-12 Girls, Enoch Walker; 11-12 Boys, Ellen Widjaja; 13-14 Girls, Austin Hill; 13-14 Boys and Kara Niemeyer; 15-18 Girls

Overall season high point winners Ellen Widjaja & Austin Hill

The Swim & Dive Team gathered recently to celebrate their accomplishments at their annual awards celebration where they enjoyed Ted Drewes ice cream and a final pool party!



The Parent Reps send a huge Thank You to the parents of the Swim Board, all the parent volunteers, this year's dive coaches Anna Fleming, Charlotte Brod and Kara Niemeyer, and swim coaches Riley Huelsmann, Tanner Huelsmann, Anna Campbell and Katie Peter for their hard work for the teams this season.

**Thank you to the Seven Pines Trustees and community
for your continued support of these great teams!
and...**

**Great job to our swimmers & divers
on a fantastic season!**



WE LOVE
OUR VOLUNTEERS

🎆 Seven Pines 4th of July Parade & Celebration Recap 🎆

What an incredible Independence Day! Our beloved **Seven Pines 4th of July Parade** — a tradition spanning over 40 years — was bigger and better than ever in 2025!

Led by a roaring firetruck and filled with kids on bikes, scooters, wagons, a parade float, some creative costumes, and tons of neighborhood spirit, the parade kicked off a full day of fun. Kids, families, and friends lined the streets to cheer and march, making memories that will last a lifetime.

Afterward, we gathered for lunch with **over 400 hot dogs** served (plus chips and sodas) and handed out **more than \$2,000 in prizes** thanks to generous donations and planning.

The grand finale? An **epic pool party** that featured family-friendly contests like:

- 🏊 Best Bellyflop
- 🔫 Largest Cannonball
- 🎈 Balloon Toss
- 🍹 Soda Dive

This year marked the **largest turnout in the past three years**, and we're thrilled by how our community continues to show up, pitch in, and celebrate together!

🙏 Special Thanks To...

This event would not have been possible without the hard work and dedication of our neighbors and volunteers:

- The **Herroon Family** for organizing this amazing day
- The **Yowell Family** for coordinating and delivering such incredible prizes
- The **Stange, Holt, Stocks, and Guest Families** — especially the Guests for grilling up hundreds of hot dogs!
- All the volunteers that we don't have all the names for: Parade judge, prize table workers, temporary tattoo station, food line volunteers, set up and tear down teams, no parking sign team
- **SPIA and the Trustees** who sponsors the tent and makes this possible (shaded tents, tables, food)
- **Swim Team** for the bomb pops
- Our local **Fire Department and Police**, for leading and protecting the parade
- All the neighbors who decorated, marched, floated, and cheered!

Thank you to our 2025 Sponsors and Donors:

- **Barry/Tina Abbett – Over \$1,000 in Cardinals Memorabilia**
- **Antons HVAC/Ken Ross – \$200 Andy's/Jimmy John's Gift Cards**
- **Renaud Real Estate/Kathy Renaud – \$200 Gift Cards/Decorations**
- **Landmark Realtor/ John Besmer – \$200 Silky's Gift Cards**
- **Seven Pines Swim Team – Jimmy John's/Starbucks/DQ Gift Cards**
- **Dogtopia - Pet Watering Station for Event**
- The Holt Family – Spoonful Desserts Gift Cards
- Ken Ross – Andy's and Chick-Fil-A Gift Cards
- The Lundstrom Family – McDonalds Gift Cards
- Stan Teague / Porta Wash – Cash prizes
- Seven Pines Garden Club – Ace Gift Card
- Brian Peck / Top Hat Entertainment – Balloon Bouquet
- Solotor Family – DQ/Andy's Gift Cards
- Niemeyer Family – Cold Stone Gift Cards
- Perkins Family – Andy's Gift Card
- Workman Family – El Jorocho Gift Cards
- Allison Blackford – Emergency Car Kit

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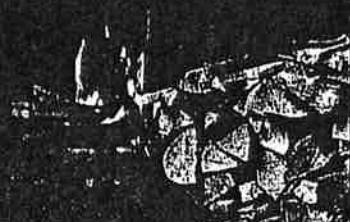
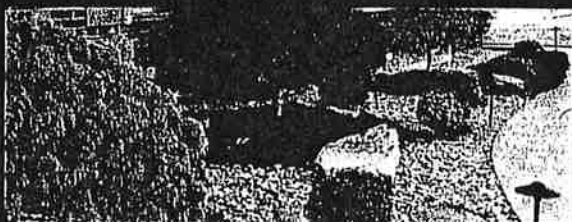
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Rev. of: Still Life with Woodpecker by Tom Robins

Tom Robins is a favorite author of one of our members so in homage to his recent passing, she chose his 1980 ***Still Life with Woodpecker*** for our discussion. Robins has been touted as "one of the wildest and most entertaining novelists in the world" as well as "the most dangerous writer in the world." ***People*** claims "Robbins's comic philosophical musings reveal a flamboyant genius." This novel touches on being completely absurd to being profound. Although in general we did not praise the book, we had a lively discussion about the nuggets of his observations. He went from laugh-out-loud funny to completely serious. Here are some examples:

1. "... unhappiness ... clung to her the way a bad dream clings to a rumped pillowcase."
2. Gulletta "her surname resembled a line from an optometrist's examination chart."
3. "we, each of us, are responsible for our own fulfillment." Leigh-Cheri
4. "his lips quivered like a snail that had just learned the meaning of escargot." A'ben
5. "what one law could change the world" Leigh-Cheri

Robins knows how to ask the questions that are still relevant forty years in the future. Even though he cloaks his message in fantasy and humor, he mixes in just enough realism to give us pause for thought. His commentary on the last 25 yrs of the 20th century hold true for the first 25 yrs of this century.

Menu: Since the only food mentioned was SpaghettiOs, wedding cake and champagne, our host opted for a 4th of July meal. We had caprese skewers, strawberries, blueberries and nuts to nosh on and a glass of champagne as we gathered for our discussion. This was followed with mouthwatering Sugarfire BBQ ribs and coleslaw. Dessert was Berry Cream Fillo Baskets. We felt very patriotic indeed!

Next: *The Gatsby Gambit* by Claire Anderson Wheeler

The Great Gatsby turns 100 this year. Before you pick up ***The Gatsby Gambit***, written from the perspective of Gatsby's sister Greta, reacquaint yourself with the classic story of Jay as a refresher of the characters in this murder mystery.

Happy Reading, Barb Brooks

Call 314-374-8185 to participate. All are welcome.

FREE... FREE... FREE...

CONFIDENTIAL ON-SITE DOCUMENT SHREDDING FOR SEVEN PINES

11th Annual Shred Event

****POSSIBLE CANCELLATION WITH RAIN OR STORMS****

Saturday, September 6th, 2025

9:00 AM-Noon * Seven Pines Pool Parking Lot
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Odds and Ends from the Trustees

Saturday Night Swim!



Come to the pool on Saturday nights in **July and August** to enjoy the new underwater lights. The pool will stay open until 9:00 PM.

Mobile App for Website

HOA Start (the provider of our **Seven Pines** website) has launched its **Mobile App**, and our community can use it to take our organization with us wherever we go.

To help you understand what the new Mobile App can do, see the flyer on the next page for an illustrated information sheet that shows you many of its popular features. It also includes a QR code you can scan to download the Mobile App onto your iPhone or iPad or Android device.



Remember that if you have not yet created a password and logged in to our website, you will need to do that first. If you have questions, please let us know.



WATCH UPDATE MEETING

**August 23, 2025
4:30 - 5:30 p.m.
Pool Pavilion
2115 7 Pines Dr.**

St. Louis Police
Officer Carter will be
in attendance.

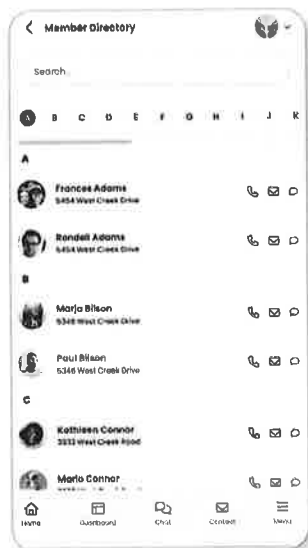
Questions?

Please Email Lynn
Lundstrom at
lynnlundstrom10@gmail.com

Look at what you can do in the new HOA Start Mobile App!

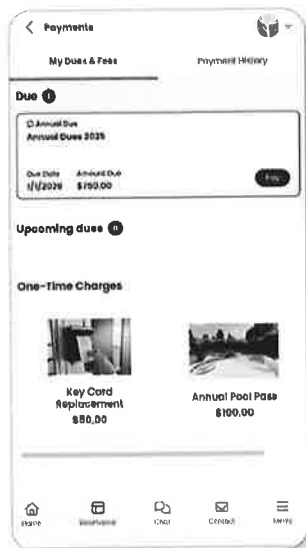
Member Directory

Stay connected with your neighbors



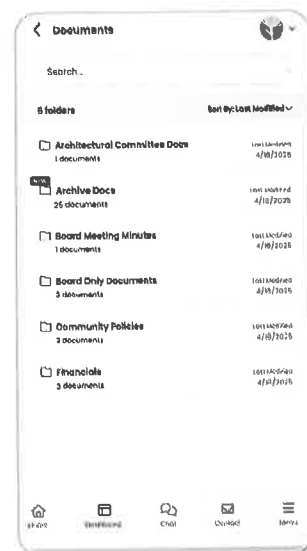
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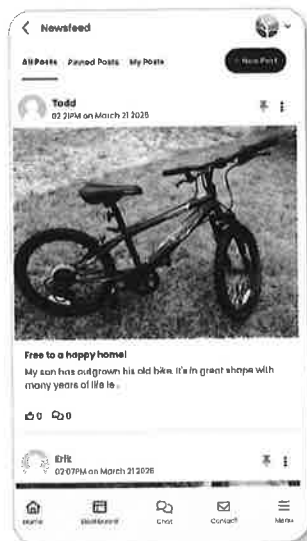
Document Repository

Access important community documents



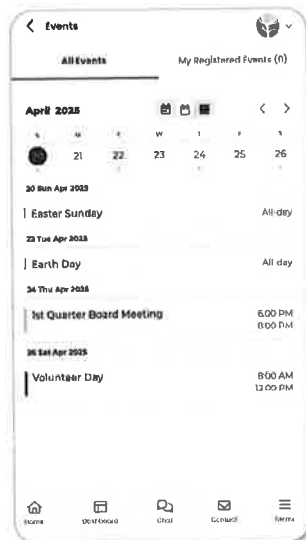
Newsfeed

Review and interact with the latest community postings



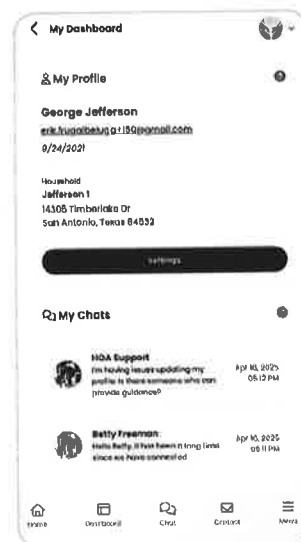
Calendar

Stay up to date on current community events and activities



Dashboard

Quickly access your personal member data on one page



For additional feature information, visit our [online FAQ resources](#) or download our Quick Reference Guide.

Scan the QR code at right to download the app from the Apple App Store for your iPhone or iPad. (Android version coming soon!)



August

2025

Down the Garden Path

July kept the Garden Club busy tending to the plantings at the pool entrance driveway. As with our own gardens, the flowers are struggling with the heat and the heavy downpours of summer rain, something that doesn't seem to bother the weeds! Despite the less than favorable weather conditions, we have a lovely arrangement of **purple catmint, Shasta daisies, red vincas, and white Obedient Plants.**



Many people refer to **Obedient Plant** as **False Dragonhead** (pictured on left). Both **hummingbirds and butterflies** enjoy the nectar from the Obedient Plant flower. The beautiful flowers resemble snapdragons and slowly bloom from the bottom of the flower stalk upward. They open around July and should remain in bloom well into fall even through November.

We have also been busy keeping the **6 large flowerpots** surrounding the pool watered and fed. Regrettably we have not been able to plant anything at the front entrance due to the **electrical problem making the sprinkler system inoperable**. Weeds of course are another matter.

We hope you have had a chance to visit our **Little Free Library** and have found some good reads there. We are working on a plan to decorate the library and add some plantings along with a few steppingstones to provide a dry place to view the collection.

At our **July meeting** we watched a 2023 recorded webinar entitled "**Our Garden is for the Birds**". It details how **Margy Terpstra** and her husband created a **native oasis with just over a half-acre lot in Kirkwood**. Much to our amusement, a determined yellow finch bombarded the library window trying to reach his buddies shown on the screen. Margy recommends a free booklet "**Missouri Birds, Where, When, and What**" to get you started on your oasis as well as downloading a free smart phone app **Merlin Bird ID by Cornell Lab** to assist in identifying the birds in your own backyard. The video is available on YouTube at <https://youtu.be/aWWGzGQ49m4>



Things to Do in the Garden in August

1. **Trim, Clip, and Deadhead:** Regularly trim and deadhead flowering plants to encourage new growth and prolong blooming. This also helps prepare plants for winter by allowing new growth tips to harden off.
2. **Save Seeds:** Collect seeds from spent blooms and flowering edibles. This practice is cost-effective and promotes genetic diversity among your crops.
3. **Adjust Fertilizer:** Stop fertilizing flowering shrubs this month to prevent excessive growth that may not harden off before winter.

4. **Patch Spotty Lawns:** Repair any bare or patchy areas in your lawn by reseeding or restarting the lawn in those spots.
5. **Order Fall Bulbs:** If you plan to plant bulbs in the fall, order them early to ensure timely delivery and store them in a cool, dry place until planting.
6. **Clean Up Tools:** Take the time to clean and maintain your gardening tools to ensure they are in good condition for the upcoming seasons.
7. **Evaluate Your Mulch:** Check your mulch levels and replenish as necessary to retain moisture and suppress weeds.



By focusing on these tasks, you can ensure your garden remains healthy and productive as summer transitions into fall.

Soil Erosion in Your Backyard

Soil erosion has been a continuing problem in **Seven Pines** and it is not confined to common ground areas. Many of us are battling it in our own backyards.

The best plants for erosion control are those **ground covers or shrubs** that are vigorous, attractive, and have a root system effective at holding back soil on a hill. They should have **spreading foliage** to slow the velocity of heavy rain. If deer roam your yard, use plants that deer tend to resist eating. The following list gives you a variety of choices, each of which meets these criteria.

Creeping Junipers
 Vinca Minor Periwinkle
 Forsythia
 Japanese Spurge
 Spotted dead nettle

Border Grass
 Black Mondo Grass
 Creeping Phlox
 Interrupted Fern
 Rockspray Cotoneaster

For more information check out **The Spruce** at <https://www.thespruce.com/>



The **Seven Pines Garden Club** does **not meet in August** but will resume meeting in **September**. After our business meeting at Barb Brooks' home at 9:30 AM we will head to 2194 Creve Coeur Mill for a tour of Forest ReLeaf and a picnic lunch.

Newcomers always welcome; just contact President Connie Satchell at Consatch@aol.com or call 314-226-2713.

**Keep yourself and
 your plants Hydrated.**

And



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**1516 GOLD LEAF
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We are all geared up for your mulching needs. Please contact us today for a **FREE** estimate on delivering, and spreading the mulch of your choice. We have access to many varieties of mulch and can provide samples. Please call, email, or go to our webpage to schedule your delivery.

Get your Spring Clean-ups now! If you are interested in a complete yard clean-up, please give us a call.

Did you know that we offer Gutter Cleaning? Winter and strong spring storms leave gutters and downspouts clogged of leaves, sticks, and debris that get trapped. **NOW** is a great time to start fresh with clean gutters before the spring storms begin. Cleaning of gutters is essential because if they overflow your foundation can become saturated.

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YARD OF THE MONTH



HOT, HOT, HOT!! Time to be sure to keep the sprinklers going and water the potted plants.

Congratulations to **Peter and Missy Roth** at 2056 Seven Pines Drive for being our **August Yard of the Month** winners.

The **front landscape** consists of a nice stone border, decorative rock and stepping stone,,,also well-trimmed boxwood plants, azaleas, spirea, ornamental grass and golden vicory. Peter also has a **scarecrow oscillating water jet** to deter the deer (sometimes!)



There are several different flowers in the **front bed** - dianthus, red salvia, vinca, cannas and roses. **On the porch** there are planters with bright pink vinca and also pink vinca around the mailbox. There are 2 trees, a large dogwood and a lilac.

Drive by **2056 Seven Pines Drive** or visit the **Seven Pines** web page at www.7-pines.com for **Yard of the Month** pictures.

Peter and Missy receive a \$25 gift certificate to Ace Hardware courtesy of the **Garden Club** and **SPIA**.

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August 3rd, 10th, and 24th at a new great restaurant

Oh London at Craig & Olive (formerly The Reserve).

Happy Bingo'ing, David Halpern

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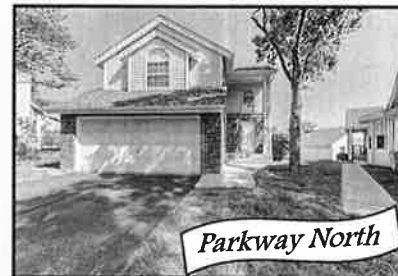
2208 Ameling
Manor Drive
Sold & Closed
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TOP 1% OF AREA AGENTS * CBG PRESIDENT'S PREMIER AGENT

13173 Royal Pines
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Sale Pending
\$200,000



12938 Autumn
View Drive
Sale Pending
\$239,900

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Parkway North Schools, 63146 Zip Code AND Beyond!**

14 Carlton Valley
Court
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\$538,000



128 Sweetgrass
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traps.**

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