

# FOREST FLASHES 2025



## Seven Pines Plant Sale

Saturday, April 26, 2025 10 AM – 1 PM

Seven Pines Pool

Rain date Sunday, April 27, 2025

Sponsored by Seven Pines Garden Club

Pre-order forms available in the **April** issue of **Forest Flashes**  
We also feature a variety of **perennial transplants** from  
Garden Club members' own gardens at great prices. Every  
customer will receive a **free native Elderberry Seedling**.



## FOREST FLASHES STAFF

### MANAGING EDITOR

BARB BROOKS 314-374-8185  
Barbbrooks72@gmail.com

### CLUBS AND ORGANIZATIONS

#### BOOK CLUB

BARB BROOKS 314-374-8185

#### GARDEN CLUB

CONNIE SATCHELL 314-226-2713  
CONSATCH@AOL.COM

### WHAT'S COOKING IN 7 PINES

GUEST CONTRIBUTORS

### SWIM TEAM REPS

BRIAN OR KAROLYN HILGERT  
314-374-8772

### DIVE TEAM REP

TRACY NIEMEYER 314-660-7826

### NEIGHBORHOOD WATCH

LYNN LUNDSTROM 314-576-6221

### DISTRIBUTION

JANET EGAN 314-514-0879

### ADVERTISING

CAROL CULLINANE 314-434-0142

## TRUSTEES

**Please Email Questions and Concerns**

**E-mail: [trustees@7-pines.com](mailto:trustees@7-pines.com)**

### PRESIDENT TBD

LYNN LUNDSTROM (VP) 314-576-6221

LYNDA SOTOLAR (Secretary) 314-514-8027

SHARON REILLY (Treasurer) 314-753-5352

NORM RICH 314-878-0435

ADAM SPECTOR 314-607-2714

KATHY SCHONLAU 314-440-9948

MARVIN LERNER 314-434-3676

### Mail:

Trustees of Seven Pines Subdivision  
PO Box 1461

Maryland Heights, MO 63043

**Meetings held quarterly on first Thursday  
Feb., May, Aug., and Nov.**

### SPIA PRESIDENT

EMILY BOLES SALLADE 636-448-5733

EMILY.Y.BOLESGMAIL.COM

## ADVERTISING RATES

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	6 months	35
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	12 months	190
Full Page	1 month	40
	6 months	170
	12 months	300

Space for coupons placed with ads is  
furnished free of charge.

For more information, call  
Carol Cullinane at 434-0142

### **Interested In Becoming A Trustee?**

Contact any of the Trustees by phone or  
e-mail for additional information and  
location of the next meeting.

**Questions** regarding subdivision  
concerns? Contact trustees at:  
[trustees@7-pines.com](mailto:trustees@7-pines.com)

**SEVEN PINES SUBDIVISION  
WEBSITE: [www.7-pines.com](http://www.7-pines.com)**

**WANT ADS ARE FREE**  
for all Seven Pines residents. Please  
take advantage of this service.



MAR 3 (MON) .....READ ACROSS AMERICA DAY

MAR 4 (TUES) .....MARDI GRAS

MAR 5 (WED) .....GARDEN CLUB MEETING 9:30 AM

## BOSCO ROOM “BEE KEEPING BASICS”

MAR 9 (SUN) .....DAYLIGHT SAVING BEGINS

MAR 17 (MON) .....SAINT PATRICK'S DAY

MAR 20 (THURS) .....FIRST DAY OF SPRING

MAR 20 (THURS) ..... DEADLINE FOR APRIL **FOREST FLASHES**



Coming in April

APR 1 (TUES) .....APRIL FOOL'S DAY

APR 2 (WED) .....GARDEN CLUB MEETING 9:30 AM LIBRARY

## JEWEL BOX AT FOREST PARK

APR ..... SPIA MEETING AT 7:00 PM AT THORNHILL LIBRARY

APR 18 (FRI) .....DEADLINE FOR MAY *FOREST FLASHES*

APRIL 19 (SAT) .....EASTER EGG HUNT

APRIL 20 (SUN) .....EASTER SUNDAY

APR 22 (TUES) .....EARTH DAY

APR 26 (SAT) .....GARDEN CLUB PLANT SALE AT POOL 10:00 AM – 1:00 PM

APR 28 (SUN) .....PLANT SALE RAINDATE



www.7-pines.com

FOR MORE INFORMATION VISIT

## FACEBOOK PAGES

## Seven Pines Social Club

## Seven Pines Neighborhood Watch

## Seven Pines Subdivision

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# Seven Pines Trustee Meeting

## February 6, 2025

**Trustees present:** Lynn Lundstrom, Sharon Reilly, Marvin Lerner, Norm Rich, Adam Spector, Kathy Schounlau, Lynda Sotolar

**Trustees absent:** n/a

**Residents present:** Carol Cullinane, Ron Evans, Barb Brooks

### Resident comments:

- Barb Brooks proposed an idea for a lending library that will be funded by a grant that the garden club received and will be maintained by them and the Seven Pines book club. Rob Evans shared an example of the lending library. The lending library was approved by the trustees and will be placed in the common ground by the playground.



### Treasurer's report:

- Shared via email.

### Meeting minutes:

- October's minutes were previously approved via email.



### Pool:

- Pool update... Work will resume on the pool at the beginning of March weather permitting.
- Pool hours for the 2025 summer will be daily 12:00-8:00.

### Grounds:



- A new sign for Arrowhead Park has been purchased. The pole will have to be recemented before the sign can be put up.
- The lights on the island are still not working. There has been no power on the island since the fall. Calls have been made to the subcontractor who installed fiber optics for AT&T.
- Sam Hoyt from MSD has been contacted about the erosion on Seven Pines at Arrowhead Park.
- There is a new erosion hole in the common ground by the pool. Trustees that handle erosion will address this new area.



**Old Business:**

- The best way to contact the trustees is to send an email to trustees@7-pines.com.
- If a streetlight is inoperable on your street contact Ameren at 314-342-1000. There is a number on the pole. You will need this number when you call.

**New Business:**

- Laura Sei and Nick Todd have stepped down as trustees. If anyone is interested in being a trustee, please email the trustees.
- New officers were elected. Lynn Lundstrom is vice president. Sharon Reily is the treasurer. Lynda Sotolar is the secretary. Currently there is not a president.
- Trustees' duties were discussed. There is a lead trustee for each area (trees, mowing, pool, erosion etc.) and a supporting trustee.
- Liens will be filed soon on homeowners who have not paid at least half of the special assessment.

**Next meeting: Thursday, May 8th 7:00 at the pool**

## Alan's Handy/Tech-Man Services

\*\*\* PUNCTUAL \*\*\* (Seven Pines Resident for 33 Years) \*\*\* QUICK RESPONSE \*\*\*

- Ceiling Fan & Light Fixture Installs
- Dimmer, Switch & Outlet Upgrades
- Repair Toilets & Leaky Faucets
- Replace Kitchen Garbage Disposal
- Window Shade & Blinds Installs
- Update Dusk to Dawn Lights
- Computer/Laptop Services
  - Bring Old PCs Back to Life
  - Hard Drive Replacement
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  - Home Networking
  - Printer Sharing
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March

2025

## Down the Garden Path . . .



Even though our first meeting of 2025 began on a gloomy rainy day, we came ready to get started with some exciting plans for the year. Our **annual Plant Sale** will be held **Saturday, April 26<sup>th</sup>** from 10 am to 1 pm with rain date, Sunday, April 27<sup>th</sup>, so start thinking Spring flowers. We will have a variety of plants to choose from including perennials straight from our own gardens. An **Elderberry seedling** is our free giveaway this year. We are also hard at work planning celebration and choosing a project for the theme of "Our Golden Gardens" so you can expect to see lots of yellow popping up.

Elderberry  
seedling  
giveaway

our 50<sup>th</sup> anniversary year. We have adopted the

After the business meeting, several of us attended the **Orchid Show at Missouri Botanical Gardens** where we emersed ourselves in a tropical paradise. On display were hundreds of Orchids of every color, many with polka dot patterns, and from very tiny in size to very large. This was followed with a tasty lunch at the **Sassafras Café** in the **Jack Taylor Visitor Center**.

At the February 6<sup>th</sup> **Board** trustees approved our lending library at the

Garden Club and Book Club  
to create a lending library.

committee already in place anxious to start working on the details. We are very excited to join forces with the **Seven Pines Book Club** and put this plan into action. Thank you Trustees for having faith in both organizations.

**of Trustees** meeting, the proposal to maintain a playground. We have a

At our **March 5<sup>th</sup>** meeting Melissa Sostman, vice-president of **STL Beekeepers Association**, will speak to us about honeybee biology, queens and colony behavior. Afterwards we will have lunch at **Hog Hollow Café**. We would love to have you join us. If interested, contact **President Connie Satchell** by email at Consatch@aol.com or by phone at (314) 226-2713.



## Shrubs and Plants Flowering in March

Here are some suggestions to get your spring garden ready.

**Tulips** start showing up in March. **Forsythia** is a welcome splash of color, reliable and very easy to grow. **Daffodils** bring color to gardens everywhere. Several **Magnolias** are suited to smaller gardens. **Spiraea 'Arguta'** is spring flowering, deciduous, with arching branches covered in very white flowers. **Primula** is a lovely spring flower with many colors and flower shapes. **Allium** is a showy late spring flowering bulb. Hellebore flower from winter into spring. **Crocus** is one of the earliest spring bulbs to bring cheer and color to the garden. Plant some of these and enjoy the color.

Information adapted from <https://www.sundaygardener.co.uk/>

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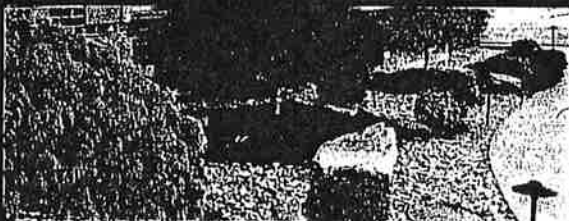
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# From the Seven Pines Trustees

Just a friendly reminder that the subdivision indenture of trust and subdivision rules and regulations require approval for some home improvements or changes you might make.

## Architectural Changes that Require Trustee Approval

- New fences or replacement fences that are not placed on the existing fence line
- Sheds and utility buildings
- Gazebos
- Decks



- Patios and pavers
- Retaining walls
- Swimming pools
- Additions to your home
- Additions to your driveway

## Architectural Changes that do NOT Require Trustee Approval

- Changing color of siding, shutters, or doors
- Changing driveway from asphalt to concrete, or vice versa
- New windows or doors
- Replacement of existing non-cyclone (chain-link) fencing on the same fence line
- Replacing mailbox
- Landscaping
- Roofing shingles

Refer to the Trustees page of the Seven Pines website ([www.7-pines.com](http://www.7-pines.com)) to learn how to submit requests for Architectural Change approval. The full set of Trustee Policies, as well as the subdivision trust agreement and indenture of restrictions may also be found there.

St. Louis County ordinances may require separate County approval or permits for some projects. Trustee approval is not the same as County approval, and County approval is not the same as Trustee approval. Some improvements may require both. It is the homeowner's responsibility to comply with all applicable subdivision and County rules and regulations. If in doubt, please reach out to the Trustees at [trustees@7-pines.com](mailto:trustees@7-pines.com).

## ST. MONICA PRESCHOOL



St. Monica is a full day preschool for 3-5-year-old children, starting at 7:15 am, with optional aftercare until 5 pm. Our gymnasium, playground and soccer fields provide endless opportunities for activity and learning. Our experienced staff is caring and compassionate. All faiths are welcome at St. Monica. Set up a tour today.

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**THE RENAUD TEAM \* SEVEN PINES RESIDENTS  
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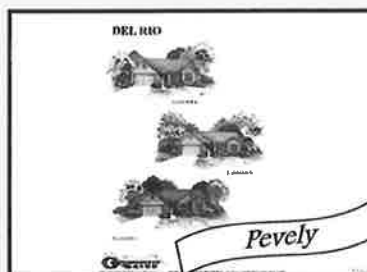
**8734 North  
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\$277,000**



**11356  
Meadowside  
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\$330,000**

**The Renaud Team: Top Agents in Seven Pines Subdivision,  
Parkway North Schools, 63146 Zip Code AND Beyond!**

**4555 Ashby  
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Sold Over List  
\$229,000**



**1933 Magnolia  
Way  
New Construction  
\$271,620**



# Great News

## Weekly Monday BINGO

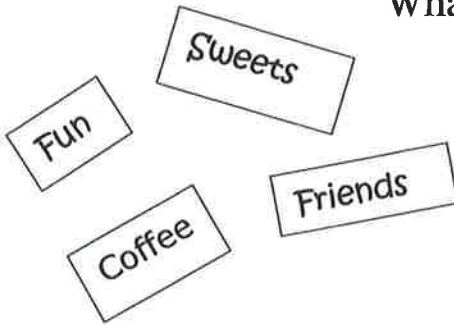
HAVE FUN AND HELP SUPPORT



THE AMERICAN LEGION AND THE MILITARY

Start the week off right with your favorite game – Bingo.

What a great way to start the week.



10 games – 2 cards  
\$4.00 per person  
Every Monday at 9:30  
At the American Legion  
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Benefits American Legion who benefits our military. Please check out your packets and support our sponsors. They are waiting to serve you. Money saving coupons.

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[halpernab@yahoo.com](mailto:halpernab@yahoo.com) or call 314-583-6392

### MOLE REMOVAL SERVICE

Are you struggling with moles damaging your yard?  
Have you tried every solution known to man without success?

I am a Seven Pines resident on Hasbrook and have dealt with moles making their way up from the common ground for years. I've tried every solution imaginable, and none worked until I started using traps.

I've had great success and would like to help you.  
You only pay if I am successful.

To schedule a free, no obligation site visit, please call Bob at 314-616-5041.

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## Rev. of *Horse* by Geraldine Brooks



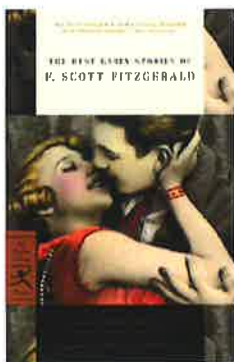
Geraldine Brooks weaves a fascinating story around an old, discarded oil painting of a famous thoroughbred racehorse, Lexington, and its skeletal remains that is being restored for an exhibition. This juxtaposition brings two divergent young people together; one is a Nigerian art historian, Theo, and the other a native Australian Smithsonian scientist, Jess. The body of the book is explicit in its discussion of the art world in the 19<sup>th</sup>

century and the cultural experience of living in the South pre- and post-Civil War. It is full of historical information about the early beginnings of horse racing and the lives of those own and care for race horses. We also become familiar with art vocabulary (coruscating, impasto, palimpsest, gouache, atelier) which had some of us running to the dictionary, and with the meticulous scientific process of articulating skeletons and reassembling them.

But *Horse* is more than paint and bones. It is also about ingrained racism and how difficult it is to fight against no matter what era you live in. Theo and Jess are living in the 21<sup>st</sup> century and although we no longer depend on horses to get around and we don't use coffles to enslave people, we haven't been able to eradicate the deep-rooted and subtle prejudice that remains in our lives.

Brooks includes notes of the historical connections among the people in the novel to the thoroughbred, Lexington, at the end of the book, which gives it authenticity. As always, with Geraldine Brooks, you come away just a little bit smarter than before.

**Menu:** spinach and feta cheese apps; chicken provolone with cornbread stuffing and a root vegetable medley entre; followed with an 1870s dessert, syllabub.



## Next Read: The Best Early Stories of F. Scott Fitzgerald

"In the euphoric months before and after the publication of *This Side of Paradise*, F. Scott Fitzgerald, the flapper's historian and poet laureate of the Jazz Age, wrote the ten stories that appear in this unique collection. Exploring characters and themes that would appear in his later works, such as *The Beautiful and Damned* and *The Great Gatsby*, these early selections are among the very best of Fitzgerald's many short stories."

[www.IndieBound.org](http://www.IndieBound.org)

Happy Reading, Barb Brooks

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We are all geared up for your mulching needs. Please contact us today for a **FREE** estimate on delivering, and spreading the mulch of your choice. We have access to many varieties of mulch and can provide samples. Please call, email, or go to our webpage to schedule your delivery.

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Did you know that we offer Gutter Cleaning? Winter and strong spring storms leave gutters and downspouts clogged of leaves, sticks, and debris that get trapped. **NOW** is a great time to start fresh with clean gutters before the spring storms begin. Cleaning of gutters is essential because if they overflow your foundation can become saturated.

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## **On the Seven Pines Swim Club**

**PLANS ARE UNDERWAY FOR ANOTHER GREAT SEASON OF  
SEVEN PINES SWIM AND DIVE THIS SUMMER!**

**THE SWIM & DIVE TEAM IS OPEN TO ANY RESIDENT OR GRANDCHILD  
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AND ABLE TO FOLLOW COACHING DIRECTIONS. PARENTS ARE ALSO  
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POOL SNACK SHACK.**

**COME LEARN MORE ABOUT OUR SUMMER RECREATIONAL LEAGUE  
AND HOW YOU CAN JOIN THE FUN!  
REGISTRATION WILL BE IN MAY AT THE POOL!**

**MORE INFO TO COME IN THE APRIL EDITION OF FOREST FLASHES.**

**Happy St. Patrick's Day!**

# *Barry Hyatt*

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### Please Contain Your Trash

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**Tip:** when breaking down cardboard boxes, try wetting them first to make them easier to collapse and fit into your bin.

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## How Can I Help?



**Forest Flashes**

**SPIA**

**Book  
Club**

**Board of  
Trustees**

**Garden Club**

**Swim and Dive  
Team**

Seven Pines offers many opportunities to get involved as much or as little as you want. **SPIA** plans and promotes a variety of social activities for the residents; help with individual activities is always needed. The **Board of Trustees** keeps the subdivision running smoothly and oversees improvements to the trust property among other responsibilities. The **Forest Flashes** newsletter keeps everyone informed by hand delivering the newsletter each month. Help with layouts and articles is always welcome. The **Garden Club** members beautify the front entrance and the pool area among other endeavors while learning about gardening. The **Book Club** is, well, a book club. All you need do is read and discuss one book a month and take a turn hosting the discussion.

Visit >>[www.7-pines.com](http://www.7-pines.com)>>for more information.



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is pleased to again take care of your entrance to the subdivision! As a small local company we provide the personal service you desire, but in most cases haven't received from the larger national companies who have quotas as a goal instead of quality care and professional communication as a standard of service. Please call Todd Sikorski (636) 498-0100 or 1-(800) LAWN CARE if we can help in anyway or give you a free estimate!

## FREE ESTIMATES

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Treatment for all  
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### Lawn Program

- **Early Spring** – Crabgrass pre-emergent, and fertilization to ensure lawns recovery from winter.
- **Late Spring** – 2<sup>nd</sup> crabgrass treatment, fertilization, & broadleaf weed control.
- **Early Summer** – Slow release fertilizer, broadleaf weed control, & surface insect control as needed.
- **Summer** – Slow release sulfur coated fertilizer, weed & insect control as needed.
- **Fall** – Fertilization to enhance root growth as weather cools and control for fall germinating weeds.
- **Late Fall** – Heavy fertilization to feed through late fall and replenish micro-nutrients in the soil.

### Tree & Shrub Program

- **Dormant Oil** – Will control spider mites, aphids, and scale insects.
- **Spring Fungicide & Insecticide** – This treatment will control most leaf diseases and protect against damaging insects.
- **Early Summer Insecticide & Miticide** – Special application for control of bagworms, spider mites, and Japanese beetles.
- **Summer Insecticide** – This mid-year insecticide will target the seasons' toughest pest.
- **Late Fall Deep Root Fertilization** – Slow release fertilization injected into the root zone of your trees.

### Optional Services

**\*\*Grub control \*\* Nutsedge treatments \*\* Lime \*\* Fungicide applications\*\***

**\*\*Aeration \*\* Over seeding \*\* Slit-Seeding\*\***

**\*\*Decorative Rock Walls\*\*Pruning \*\* Mulch\*\***

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