

FOREST FLASHES

JULY 2025



AMERICA THE BEAUTIFUL  
Fourth of July Annual Parade and Picnic  
Parade lineup 10:30 am at Hasbrook and  
Seven Pines Drive.



## FOREST FLASHES STAFF

### MANAGING EDITOR

BARB BROOKS 314-374-8185  
Barbbrooks72@gmail.com

### CLUBS AND ORGANIZATIONS

#### BOOK CLUB

BARB BROOKS 314-374-8185

#### GARDEN CLUB

CONNIE SATCHELL 314-226-2713  
CONSATCH@AOL.COM

### WHAT'S COOKING IN 7 PINES

GUEST CONTRIBUTORS

### SWIM TEAM REPS

BRIAN OR KAROLYN HILGERT  
314-374-8772

### DIVE TEAM REP

TRACY NIEMEYER 314-660-7826

### NEIGHBORHOOD WATCH

LYNN LUNDSTROM 314-576-6221

### DISTRIBUTION

JANET EGAN 314-514-0879

### ADVERTISING

CAROL CULLINANE 314-434-0142

## ADVERTISING RATES

Business Card	1 month	\$ 10
	6 months	35
	12 months	65
Quarter Page	1 month	15
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Half Page	1 month	25
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	12 months	190
Full Page	1 month	40
	6 months	170
	12 months	300

Space for coupons placed with ads is furnished free of charge.  
For more information, call  
Carol Cullinane at 434-0142

## TRUSTEES

Please email questions and concerns  
E-mail: [trustees@7-pines.com](mailto:trustees@7-pines.com)

PRESIDENT TBD

NORM RICH (VP) 314-878-0435

LYNDA SOTOLAR (Secretary) 314-514-8027

SHARON REILLY (Treasurer) 314-753-5352

ADAM SPECTOR 314-607-2714

KATHY SCHONLAU 314-440-9948

MARVIN LERNER 314-434-3676

### Mail:

Trustees of Seven Pines Subdivision  
PO Box 1461

Maryland Heights, MO 63043

Meetings held quarterly on first Thursday  
Feb., May, Aug., and Nov.

## SPIA PRESIDENT

EMILY BOLES SALLADE 636-448-5733  
[SPIAPRESIDENT@GMAIL.COM](mailto:SPIAPRESIDENT@GMAIL.COM)

## Interested In Becoming A Trustee?

Contact any of the Trustees by phone or  
e-mail for additional information and  
location of the next meeting.

Questions regarding subdivision  
concerns? Contact trustees at:  
[trustees@7-pines.com](mailto:trustees@7-pines.com)

ST. LOUIS COUNTY  
NEIGHBORHOOD PRESERVATION  
314-615-7333

SEVEN PINES SUBDIVISION  
WEBSITE: [www.7-pines.com](http://www.7-pines.com)

**WANT ADS ARE FREE**  
for all Seven Pines residents. Please  
take advantage of this service.



JULY 2 (WED) .....GARDEN CLUB MEETING 9:30 AM, AT THORNHILL LIBRARY; "MEET THE WILD ONES"

JULY 4 (FRI) .....FOURTH OF JULY ANNUAL PARADE AND PICNIC;  
PARADE LINEUP 10:30 AM AT HASBROOK AND SEVEN PINES DRIVE

JULY 12 (SAT) .....SWIM CONFERENCE FINALS, PATTONVILLE HS

JULY 13 (SUN) .....DIVE CONFERENCE AT COOL DELL

GRANDPARENTS & GRANDS POOL, 1 PM-3 PM

JULY 20 (SUN).....DEADLINE FOR AUGUST FOREST FLASHES

JULY 25 (FRI).....MOVIE NIGHT AT POOL PARKING LOT. SNACK  
AND DESSERT FOOD TRUCKS 6:30;  
MOVIE 7:00 LILO & STITCH (NEW)



JULY 26 (SAT) .....TOT TIME AT POOL 10AM – NOON

## Coming in August

AUG 4 (MON) .....SPIA MEETING 7 PM AT THE POOL

AUG 7 (THURS) .....TRUSTEE MEETING 8 PM AT THE POOL

AUG 20 (WED) .....DEADLINE FOR SEPTEMBER FOREST FLASHES

AUG 18 (MON) .....PARKWAY SCHOOL DISTRICT FIRST DAY OF SCHOOL



FOR MORE INFORMATION VISIT [www.7-pines.com](http://www.7-pines.com)

FACEBOOK PAGES

Seven Pines Social Club

Seven Pines Neighborhood Watch

Seven Pines Subdivision



# Great News

## Weekly Monday BINGO

### HAVE FUN AND HELP SUPPORT



### THE AMERICAN LEGION AND THE MILITARY

Start the week off right with your favorite game – Bingo.

What a great way to start the week.



10 games – 2 cards  
\$4.00 per person  
Every Monday at 9:30  
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[www.mpathservices.com](http://www.mpathservices.com)



**[mandar@mpathservices.com](mailto:mandar@mpathservices.com)**

Google Reviews: <https://g.co/kgs/4tqovgp>

## From the Trustees

The **special assessment project** at the pool was completed in May. Several improvements were made.

- Wall returns were installed.
- Floor returns were sealed.
- New underwater LED lights were installed.
- New gutter lines were installed in 75% of the pool. The section to the right of the diving board and along lane six by the guard stand was not replaced.

We've made some  
great improvements

**Painting the gutters** was not in the original estimate and was not completed in this phase of the work. However, this will be scheduled in the future.

The **original estimated cost** for the project was \$160,802. The final cost was \$171,797.60.

**Thank you** to all the residents who supported the special assessment! Our pool is a valuable asset to our neighborhood. Many families have spent countless hours enjoying it and many more will continue to make memories for years to come. **The trustees appreciate your support to help maintain our pool.** The pool is one of the many things that makes Seven Pines a great place to live!

## Enjoy Your Pool

**Pavilion Reservations at the Pool....** To make reservations for the pavilion at the pool go to the Seven Pines website (7-pines.com). Fill out a request under the "Member's Only" tab. You have to be registered on the website to make a reservation.

**Pool Reminder...** Residents need a pool ID to access the pool. If you need an ID, email the trustees to request a new one.

**Pool Hours... Daily 12:00-8:00**

**Pool Phone Number 314-628-7810**

## A Kick in the Grass Lawn Service L.L.C.

***"YOUR  
GRASS,***



***IS  
MINE"***

Dear Valued Customer,

The Daffodils will soon be out of the ground as warm weather is near. It's not too early to schedule our fertilizing services, new mulch for the season, or Spring Clean-Up's. The first application of fertilizer is the most important. Your lawn needs essential nutrients to recover from winter stresses, and when applied with a pre-emergent weed control application your yard can be rid of unwanted weeds throughout the summer. We offer **FREE** estimates and lawn analysis to help you determine the best options for your lawn. We are scheduling appointments now.

We are all geared up for your mulching needs. Please contact us today for a **FREE** estimate on delivering, and spreading the mulch of your choice. We have access to many varieties of mulch and can provide samples. Please call, email, or go to our webpage to schedule your delivery.

Get your Spring Clean-ups now! If you are interested in a complete yard clean-up, please give us a call.

Did you know that we offer Gutter Cleaning? Winter and strong spring storms leave gutters and downspouts clogged of leaves, sticks, and debris that get trapped. **NOW** is a great time to start fresh with clean gutters before the spring storms begin. Cleaning of gutters is essential because if they overflow your foundation can become saturated.

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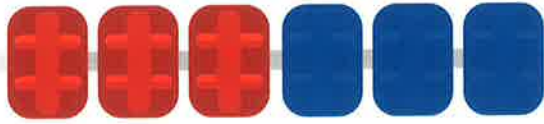
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# SWIM & DIVE TEAM



## *Updates*

**Congrats to the Swim Team for their hard work in the water, reducing times and improving strokes each week! With two close meets so far against Riverbend and Chesterfield Athletic Club, the team is pulling to end the season strong at their remaining meets against Creve Coeur Racquet Club, The Elks, and The JCC.**

**The Dive Team has impressed this season with a strong showing at their first meet against Riverbend and a victory against Pacific on June 14<sup>th</sup>. With several top finishers this season so far, they're aiming for strong takeoffs at their remaining meets. Congrats to both teams on their hard work so far!**



**Swim Conference will be held on Saturday, July 12th at Pattonville High School. Dive Conference will be held Sunday, July 13th at Cool Dell.**

**Check back next month for a season wrap up!**

**As always, the teams thank you for your support!**

**A reminder that the pool will close early at 5:30pm on July 14th for the season-end banquet!**



# Barry Hyatt

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<p>Westgate Centre 12360 Olive Blvd Creve Coeur 314.205.9888 hyattjewelers.com</p>		

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## Down the Garden Path

June was an especially busy month for the Garden Club. We opened the Little Free Library, attended a flower show, volunteered for a garden tour, explored Ulysses S. Grant's legacy, and planted flowers at the pool. Here are the Highlights.



### Fiftieth Anniversary Party

Thanks to our wonderful party committee, our big celebration came to fruition. Special invitations were mailed and a lovely program created for the occasion. We gathered current and former members at Barb Brooks' home to reconnect and reminisce about the old days. Two current members, Myrna Weiland and Carol Ann Smith, are original members who attended.

### Little Free Library

With the volunteer work of Pat Brooks and Roy Evans, the post hole of 27" was laboriously dug and the post secured. One week later the library was attached and the shelves stocked. Thanks to all who contributed their well-loved books. We are open and ready for business.



### Flower Show at Thornhill Library

What a brilliant idea to hold a Flower Show that puts books in the limelight and then display it at our wonderful Thornhill Library. Several members were able to attend the show. The various floral designers' interpretation of book covers was simple amazing. All the flowers used were listed for easy identification. The Flower Show was sponsored by ECD Garden Club.

### Garden Vignettes ECD 2025 Garden Tour



On a recent Saturday in June we assisted with the East Central District (ECD) Garden Tour and also had the opportunity to visit 10 wonderful club members' gardens. Each garden composed its own unique story, and the creator was on hand to weave the picture. Designs ranged from the whimsical, to raised beds, to an Asian inspired pond with koi and water lilies and well-tended bonsai. One garden even featured bowling balls for a splash of year-round color. A treasure trove of ideas for any gardener.

### White Haven, Home of Ulysses S. Grant

Our June program involved a field trip to visit White Haven and explore Grant's legacy by immersing ourselves in the 1800s. The Park Ranger and the short video clip were most informative. Afterwards we shared a fun lunch at Bartolino's.



### No Flowers at Entrance this Year

We are disappointed that we will be unable to provide our usual display of vibrant summer flowers at the subdivision entrance. Until the irrigation is restored, we will not be able to plant any flowers. In the meantime, please enjoy the six beautiful flower pots in the pool area.

## What to Do in the Garden in July

Here are six things you will want to do in your garden in July. More information can be found at <https://www.thompson-morgan.com/>

1. Water at dusk to reduce evaporation and use mulch to retain moisture around plants.
2. Terracotta pots are prone to evaporation so dampen the pot down to keep roots inside cool and damp.
3. Regularly deadhead bedding and perennial plants to encourage new blooms.
4. Cut back faded perennial plants to keep borders tidy.
5. Cutting back growth in hanging baskets can encourage new flowers and foliage and will revive the display. Make sure you feed your baskets well after doing this.
6. This is your last chance to feed your lawn with a special lawn fertilizer to encourage healthy green growth. Water newly seeded or turfed lawns in hot weather. Don't allow new lawns to dry out.

Coming July 2nd, Meet the Wild Ones video presentation will be held at Thornhill Library at 9:30 AM. Newcomers always welcome; just contact President Connie Satchell at Consatch@aol.com or call 314-226-2713.

## Welcome to Seven Pines

Benjamin & Maureen Hoeft

Chase Phillips & Morgan Barr

Chaz Curet & Katie Murphy

Juan Carlos Franco

John & Claudia Hauge



12934 Robandee Lane

12850 Branchmont Ct.

13340 Windbrooke Ln

13231 Windbrooke Ln

12936 Mayerling Dr.

## Glad You're Here!

Don't Forget to Make Today Amazing



# **SUMMER MOVIE NIGHT**

**FRIDAY, JULY 25TH**

**THE NEW LIVE-ACTION**  
**LILO & STITCH**

**(RUNTIME: 1 HR 48 MIN)**

**SNACK & DESSERT**  
**FOOD TRUCKS AVAILABLE**  
**STARTING 6:30PM**

**MOVIE TO START**  
**7PM**

**JOIN YOUR NEIGHBORS AT  
THE SEVEN PINES POOL  
PARKING LOT.**

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## Review of: Lady Tan's Circle of Women by Lisa See



This is our 2<sup>nd</sup> Lisa See novel, the first one being *Snow Flower and the Secret Fan*, and she doesn't disappoint. This historical novel is inspired by the true story of a **woman physician** in 15<sup>th</sup>-century China who wrote a book about her life and it is still available today in English. Lee weaves in a wealth of information about Chinese culture from this source as she imagines what life would be like for women in 1469.

See's explanation of the **practice of foot binding** and its complications is nothing short of horrifying. Successful foot binding actually dictates what kind of future a young girl will have starting at about age 5. To be clear, foot binding involves breaking and tightly binding the feet of young girls to change their shape and size. The practice continued until the establishment of the Peoples Republic of China in 1949.



**In 1469 there were many cultural practices** that would seem very strange today. For one, doctors were not allowed to look at or touch their female patients, so midwives were in common use as doctors really knew very little about childbirth. The mothers practiced the medical technique of **variolation**, a form of early vaccination, against smallpox just as we vaccinate against early childhood diseases today. The **wealthy women** were not allowed to see the outer world and were schooled from an early age of the importance of lessons in etiquettes, and the roles and responsibilities of women. Tan also details a public autopsy of a murder victim to determine the cause of death.

Another topic is the **relationship among the women** who all live together in the large family compound. Obviously, there are the concubines (brought into the household for the amusement of the husband), but the most important friendship is the one formed among the supportive and nurturing women who live there. The bond of female relationships takes center stage in this novel.

**Menu:** Our host went full out Chinese cuisine. We started with a sampling of egg rolls, spring rolls, pot stickers, and Crab Rangoon. Our main entrée was fried rice, grilled pork tenderloin, and Chinese slaw. A favorite Chinese dessert, tapioca pudding, topped with fresh whipped cream, came next. What a delicious experience!

## Next Read: Still Life with Woodpecker by Tom Robins

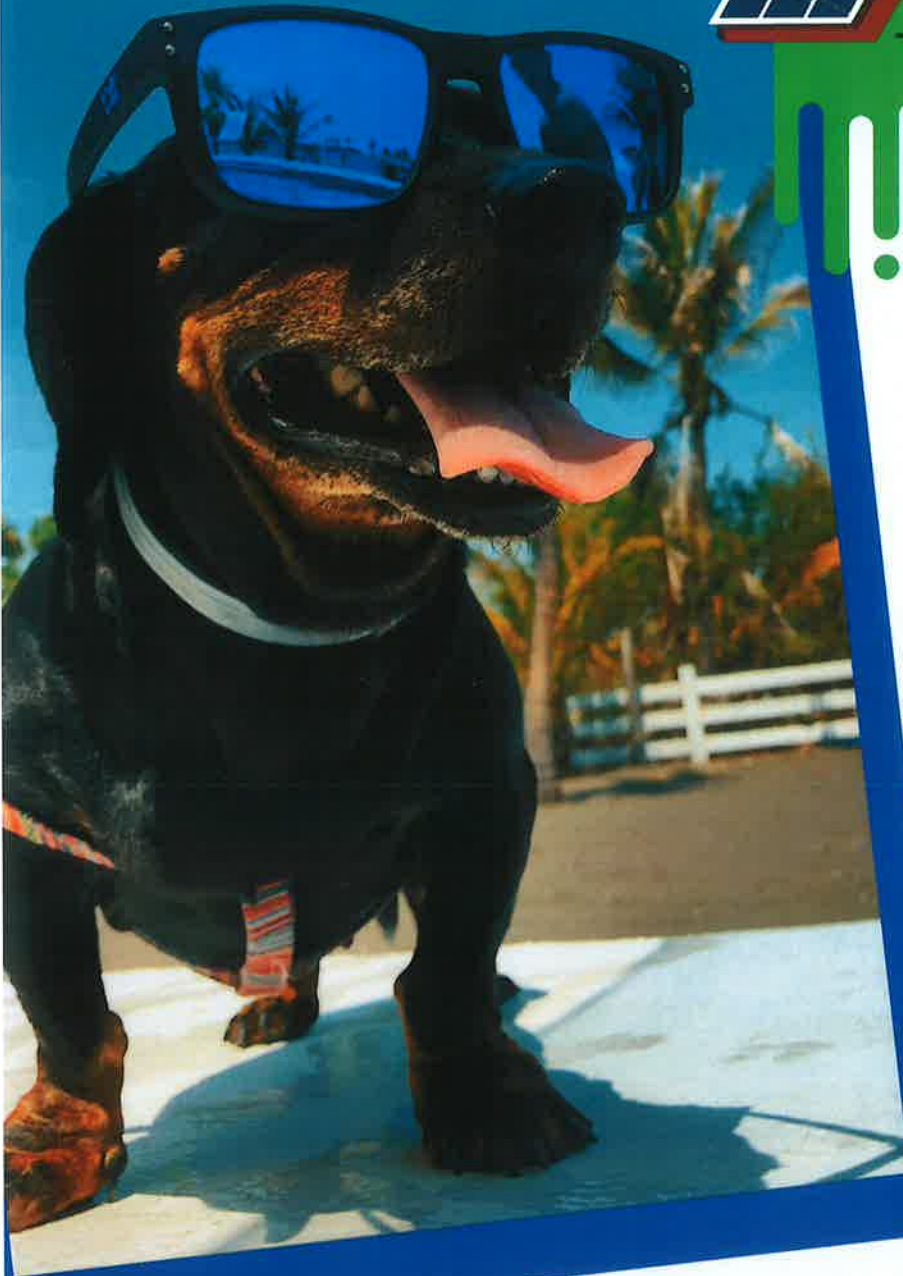


"*Still Life with Woodpecker* is a sort of a love story that takes place inside a pack of Camel cigarettes. It reveals the purpose of the moon, explains the difference between criminals and outlaws, examines the conflict between social activism and romantic individualism, and paints a portrait of contemporary society that includes powerful Arabs, exiled royalty, and pregnant cheerleaders. It also deals with the problem of redheads." IndieBound.org





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## SPIA MEETING MINUTES



The **SPIA** meeting was held at the Pool on Monday, June 16<sup>th</sup>. President Emily Sallade started the meeting at 7:02.

The minutes from the previous meeting were approved as published in the *Flashes*.

The **Treasurer report** from Tom Wilde Treasurer. The beginning balance as of March 3, 2025, was \$5,218.21. **Additions** were advertising \$1,385.00 and membership \$60.00. **Disbursements** were to **Hi/Tec Copy** for printing the **Forest Flashes** for 4 issues \$1,784.42, **SPIA** signs \$133.50, ½ cost for July 4<sup>th</sup> shelter \$589.13, Easter Egg Hunt Novelties \$299.68 and Prizes for **Yard of the Month** \$100.00. The balance as of June 16, 2025, is \$3,756.48.

There was a comment about the bank balance and how it compared to prior years. A suggestion was made that perhaps we could have residents pay their dues by Venmo,

**Fourth of July – Eric Herroon** has agreed to chair the picnic and parade for this year. **SPIA** and the **Trustees** have agreed to pay half each for the rental of the tent this year. We have some volunteers from the survey that was sent in with membership last fall. It was brought up that in the past we had pony rides when the picnic was held at **Arrowhead Park**. This could be a fun idea to consider for future July 4<sup>th</sup> picnics.



There is a need for volunteers to chair activities – **Neighborhood Watch Coordinator** (contact Lynn Lundstrom), **Easter Egg Hunt Chairman** and **Forest Flashes Editor** (contact Barb Brooks).

Hope to add some more **food truck events** again this summer. **Movie night** (Lilo & Stitch - new) with food truck, s'mores on Friday July 25<sup>th</sup>. Our next **Tot's swim** will be Saturday July 26<sup>th</sup> 10-12.



The next meeting will be **August 4<sup>th</sup>, 7:00 at the pool**. Meeting adjourned at 8:00.

Respectfully submitted, Carol Cullinane, Secretary

**"Alone we can do so little;  
together we can do so much"**

– Helen Keller

# FREE... FREE... FREE...

## CONFIDENTIAL ON-SITE DOCUMENT SHREDDING FOR SEVEN PINES

11th Annual Shred Event

**\*\*POSSIBLE CANCELLATION WITH RAIN OR STORMS\*\***

**Saturday, September 6th, 2025**

**9:00 AM-Noon \* Seven Pines Pool Parking Lot**  
**2115 Seven Pines Dr., St. Louis, MO 63146**



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TEAM**

- ⇒ Up to 5 boxes of papers per vehicle per visit
- ⇒ Shred while you wait (Boxes go home w/owner)
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# JULY YARD OF THE MONTH



Everything looks really green around the subdivision because of all the rain that we have received....but things are really going to heat up so don't forget to put down some water when needed.

**Congratulations to John and Randee Steffen at 1854 Elmira Court** for being our **July Yard of the Month** winner. John and Randee have been here for 33 years.



The front landscaping consists of very well trimmed **boxwood plants** in a bed surrounded by a **stone border**. There are several **hanging baskets** filled with **Pink-Begonias**. Also, there is a nicely trimmed lawn.



Drive by 1854 Elmira Court or visit the Seven Pines web page at **www.7-pines.com** for **Yard of the Month** pictures. John and Randee receive a \$25 gift certificate to Ace Hardware courtesy of the Garden Club and SPIA.

Don't forget to water and feed your plants during very hot weather.



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## **MOLE REMOVAL SERVICE**

**Are you struggling with moles damaging your yard?  
Have you tried every solution known to man without  
success?**

**I am a Seven Pines resident on Hasbrook and have  
dealt with moles making their way up from the  
common ground for years. I've tried every solution  
imaginable, and none worked until I started using  
traps.**

**I've had great success and would like to help you.  
You only pay if I am successful.**

**To schedule a free, no obligation site visit, please  
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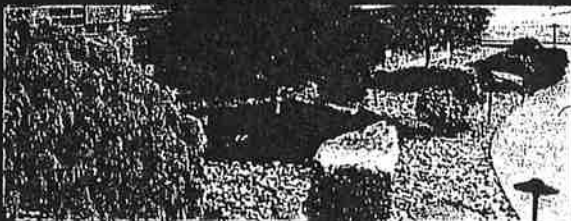
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# TOT TIME at the pool

**SAT. JULY 26 | 10 AM - NOON**

**TOT TIME IS DESIGNED FOR 7 PINES  
FAMILIES WITH CHILDREN  
(OR GRANDCHILDREN)  
UNDER THE AGE OF 6.**

***ALL GUESTS MUST BE ACCOMPANIED  
BY A 7 PINES RESIDENT***



***ALL CHILDREN MUST BE MONITORED  
BY A RESPONSIBLE ADULT***

**Travelin' Tom's Coffee Truck will be selling your favorite  
hot & cold coffee beverages & frozen fruit refreshers!**





## From the Seven Pines Trustees

Just a friendly reminder that the subdivision indenture of trust and subdivision rules and regulations require approval for some home improvements or changes you might make.

### Architectural Changes that Require Trustee Approval

- New fences or replacement fences that are not placed on the existing fence line
- Sheds and utility buildings
- Gazebos
- Decks



- Patios and pavers
- Retaining walls
- Swimming pools
- Additions to your home
- Additions to your driveway

### Architectural Changes that do NOT Require Trustee Approval

- Changing color of siding, shutters, or doors
- Changing driveway from asphalt to concrete, or vice versa
- New windows or doors
- Replacement of existing non-cyclone (chain-link) fencing on the same fence line
- Replacing mailbox
- Landscaping
- Roofing shingles

Refer to the Trustees page of the Seven Pines website ([www.7-pines.com](http://www.7-pines.com)) to learn how to submit requests for Architectural Change approval. The full set of Trustee Policies, as well as the subdivision trust agreement and indenture of restrictions may also be found there.

St. Louis County ordinances may require separate County approval or permits for some projects. Trustee approval is not the same as County approval, and County approval is not the same as Trustee approval. Some improvements may require both. It is the homeowner's responsibility to comply with all applicable subdivision and County rules and regulations. If in doubt, please reach out to the Trustees at [trustees@7-pines.com](mailto:trustees@7-pines.com).

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## OFF-ROADING NOT PERMITTED



This is a Reminder of the Signs Posted  
on SEVEN PINES Common Ground  
**NO OFF-ROADING OF MOTORIZED  
VEHICLES IS PERMITTED.**



This is for safety and liability purposes, and applies to ALL common ground areas, including the pool parking lot.

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